

**PARA U14 Chair Report
(2013-2014 Season)
Tim Brown, U14 Age Chair**

U14 Fundamentals Camp –

The Fundamental Camp was held December 13-15 at Sunday River. The camp's focus was to bring the top-performing Eastern U-14's to work together as a group. The focus was on the athlete's kinesthetic awareness of appropriate and accurate movements, to work through fundamental skills and technical progressions, focusing on developing better awareness of good movements and the ability to repeat them.

PARA sent the following U14 Racers:

Ramesh Strestha	Blue Mt.
Conor Newman	Elk Mt.
Claire Turner	Elk Mt.
Grace Schierwagen	Blue Mountain
Anna Claire Miller	Qualified, but unable to attend due to injury.

U14 Speed Camp – Windham, NY

NYSSRA held a three day U14 speed camp/race at Windham ski area. The event was held February 1-3. The event consisted of two days of station training, followed by a SG race on the third day.

PARA sent the following racers:

Brianna Lucas	WPRC
Meagan Olsen	Whitetail
Anna Midock	Roundtop
Anna Claire Miller	Whitetail
Blair Reilly	Whitetail
Same Reilly	Whitetail

Special thanks to Dan Chayes for his effort to organize PARA's participation in this event, as well as Eric Olsen who acting as lead parent/coach for PARA.

Blue Mountain Speed Camp –

Twenty-one (21) U14 racers attended the two day speed camp held at Blue Mountain on February 6th and 7th. Thanks to Matty DePaulo and Tom Yen for putting on a great event. Eric Harlow from USSA Eastern was able to attend.

First Year U14 Fundamentals Project –

New this past season was the USSA Eastern Region First Year U-14 Fundamentals Project. The event was held Cannon Mountain, NH on February 13th and 14th. The objective of the camp was to focus on the fundamental that develop great ski racers. The focus was on the athlete's kinesthetic awareness of appropriate and accurate movements. Enhance the athlete's ability to distinguish between effective and correct movements and less effective one. This was accomplished through skill progression appropriate to each athlete, specifically working on stance and balance, edging, pressure and rotary.

PARA sent the following racers:

Mark Matusinsky	Blue Mt.
Jake Wilson	Camelback
Brianna Lucas	WPRC
Meagan Olsen	Whitetail
Anna Midock	Ski Roundtop
Mihaela Toader	WPRC

U14 Derby –

The Derby took place February 28th-March 2nd at Seven Springs Mountain Resort. The field consisted of a total 65 racers, 35 boys and 30 girls.

The event consisted of Friday speed training, followed by two runs of Slalom on Saturday and two runs of GS on Sunday.

Saturday evening consisted of a banquet and a raffle. Sunday afternoon consisted of a pizza party followed by the awards ceremony.

As both the age chair and a coach I had the opportunity to spend the majority of my time on the slope. I was very impressed with the behavior and sportsmanship exhibited by all the racers. Congratulations to all the racers who attended. I found that the quality/level of the field to be representative of what I would expect at a state championship event.

I personally would like to thank Jim DiBiase, Charles Donnellan, Steve Fishetti and the entire staff of Seven Spring for all their hard work pulling off this event. Special thanks to Rachel Greenier for acting as the derby chair and all her help assisting with the awards ceremony. I would also like to thank all the coaches and parents for all their help, both on and off the hill.

The PARA State Team consisted of 6 boy and 6 girls.

The following racers qualified for the PARA State Team based on their results at the derby.

Boys

- | | |
|--------------------|--------------|
| 1. Ramesh Shrestha | Blue Mt. |
| 2. Conor Newman | Elk Mt. |
| 3. Harrison Coombs | Blue Mt. |
| 4. Mark Matusinsky | Blue Mt. |
| 5. Rowan Brumbaugh | Elk Mt. |
| 6. Duncan Bedell | Ski Roundtop |

Girls

- | | |
|-----------------------|--------------|
| 1. Grace Schierwagen | Blue Mt. |
| 2. Anna Midock | Ski Roundtop |
| 3. Margaret Tate | Ski Roundtop |
| 4. Gisele Thompson | Jack Frost |
| 5. Anna Claire Miller | Whitetail |
| 6. Claire Turner | Elk Mt. |

U14 Junior Championships –

The USSA U14 Eastern Championship was held at Stowe, VT on March 14th through 16th. PARA was awarded 12 slots. Twelve racers represented PARA. Bruce Newman from Elk Mountain and Bruce Bedell from Roundtop attended as PARA coaches.

The event consisted of a Skills Day in addition to slalom and giant slalom races.

The top PARA racer was Anna Midock who finished 31st overall and qualified for the CanAm event. Congratulations to Anna!

Francis Piche Invitational –

The Francis Piche Invitational was held at Gunstock Ski Area on March 13th through the 16th. This year's PARA's quota consisted of a total of 36 racers. This year's quota was allocated as 10 U12 boys, 10 U12 girls, 8 U14 boys and 8 U14 girls.

PARA sent a total of 17 U14 racers, as additional slots were awarded at the last minute. The event consisted of an optional training day on Thursday, a training day on Friday, GS race on Saturday and an optional slalom race on Sunday.

Bill Dunstan, Kenan Forman, Lee Gonder and Eric Hessinger attended as the PARA coaches. Special thanks to Kenan for all his efforts communicated with and organizing such a large group of racers and families.

Girls

Brianna Lucas

WPRC

Kyra Frederick
Bianca Klepper
Isabella Muscara
Lindsey Lucas
Kiera Gill
Elizabeth Kauma
Annie Hillegas

Liberty
Liberty
Jack Frost
Ski Roundtop
Jack Frost
WPRC
Blue Mt.

Boys

Conor Robbins
Braeton Oliver
Dalton Miles
Mitchell Race
David Kossman
Sam Reilly
Mark Barteck
Trevor Harrison
Will Robbins

Blue Mt.
Whitetail
Ski Roundtop
Jack Frost
WPRC
Whitetail
Camelback
Liberty Mountain
Blue Mt.