

Winter 2019



Competitors, Coaches, and Families;

Welcome to the USSA Eastern Regional High School Championship!



March 7-10, 2019

The event is hosted by the Mount Washington Valley Ski Team, at the Attitash Ski Resort, in Bartlett, NH.



This Championship allows high school teams representing all states within the Eastern region, plus out of region guest teams, to compete against other state teams. This particular competition is open to all members of a state high school team who have qualified through state selection procedures. Team quota (state) is limited to twelve girls and twelve boys.

Our organization is excited to be hosting this event once again, and look forward to helping you truly enjoy your visit to Attitash and the surrounding Mount Washington Valley area.



We are very appreciative of our 2019 Event Sponsor Northway Bank

Welcome, Congratulations, and Good Luck!

The Staff & Board of Directors,
Mount Washington Valley Ski Team

All racers **must** be USSA members, or purchase the new \$75.00 short term membership to participate in this event; A Form has been included in this package for convenience, but should be completed prior to the event. This is a USSA event so FIS legal helmets **must** be used for the GS, and All skis must USSA compliant in order to race.

The event will begin with a **Training day** at Bear Peak on Thursday. Racers may register from 8am until 4pm, at the Bear Peak Base Lodge. Team Captain's Meeting will be at 4pm at the Grand Summit.

Friday's Men's/Women's Slalom race will be on the Illusion trail. Bibs will be issued at the Bear Peak Base Lodge, beginning at 7:30am. The Bib will be your number for the duration of the event. Team Captain's Meeting will be at 4pm at TBDI (If Necessary).

The **Saturday Night Banquet** will be held in the Grand Summit at Attitash Hotel Ballroom. The banquet begins at 6:30 pm. Women's Giant Slalom awards will be presented at the banquet, and team standings will be announced, there will also be an athlete bib number raffle. Registered athletes and up to four official USSA coaches per team receive dinner tickets as part of the event. Additional tickets are available please let us know estimated numbers when registering your team.

Saturday's Women's Giant Slalom and Sunday's Men's Giant Slalom, will be held on the Illusion trail. Following the conclusion of the men's Giant slalom on Sunday, awards will be presented at the Bear Peak base lodge.

At the end of Sunday's race, the b-netting will need to be taken down, rolled, and brought to the bottom. It is expected that all athletes and coaches will assist with this, and awards will take place after all of the netting has been stored.

The entry fee for the three day event is \$230.00 per racer and \$45.00 for the Training Day. This includes 3 days of lift tickets (Fri, Sat, and Sun), the banquet on Saturday night, and a commemorative racer bib. For the Saturday night banquet extra coach tickets, parent and guest tickets are \$25 each. Please let us know how many coach and family tickets you will need when you submit your team roster, so we can plan on enough food. There will be a limited number of tickets available at registration.

Each Team will be allotted up to Four complementary coaches lift tickets, Names & Valid USSA # must be submitted in advance to martha@mwvskiteam.com

Checks should be payable to MWVST. We are not able to take credit cards.

Lift tickets for Extra Coaches, Parent, & Sibling ski tickets will be available at registration each day, cash/check only, for \$55.00.

Also Check www.attitash.com or liftopia.com or other on-line offers for possible better pricing via advance sales.

Event Technical Short Sleeve Wicking Shirt and/or Hooded Sweatshirts will be available for purchase in advance at the following Link: <http://www.hurricaneracing.com/store/categories/2019-Eastern-HS-Alpine-Championships-%28Attitash%29/>; Keep an eye out design will be completed shortly. Ordering Deadline will be Wednesday at Midnight, February 27th; if you want to have the items in time for delivery at the event. Post Deadline Orders will remain remain open until March 24th for a second printing run, with an additional shipping charge of \$7.50/Item.

An **Event Photographer** will also be present: **Brewster's Photos**; by Brewster Burns ; tel: 207.515.0012, email: brew@brewstersphotos.com, web: www.brewstersphotos.com, twitter: @brewstersphotos, instagram: @brewstersphotos

Congratulations on your qualification for this event, we hope you enjoy skiing, racing, and visiting our area. If you need more information or have any questions please ask.

Mount Washington Valley Ski Team, PO Box 780 Intervale, NH 03845
martha@mwvskiteam.com www.mwvskiteam.com 603-356-7627



DIRECTIONS

Attitash Mountain Resort is located on Route 302 in Bartlett, NH. The entrance to Bear Peak is located about 1/2 mile west of the Attitash main base area on Route 302. The Team Captain's Meeting will be at 4pm on Thursday, at the Grand Summit Hotel.

RESORT MAP LEGEND

- Slow Area
- Easier
- More Difficult
- Most Difficult
- Terrain Park
- Chair Lift
- Ski Area Boundary
- Tree Skiing
- Ski Patrol
- Resort Dining
- Customer Service
- Trail Transfers
- Parking
- Equipment Rentals
- Shuttle Services
- Free WiFi

MOUNTAIN STATS

- Vertical Drop: 1,707' (Attitash)
- Summit Elevation: 2,550' (Attitash)
- Skiable Acreage: 317 Acres
- Trail Mileage: 23 Miles
- 68 Trails
- 27% Easier
- 29% More Difficult
- 29% Most Difficult
- Terrain Park Areas: 100 Acres
- Bear Peak Base: 90% Coverage
- Tree Skiing: 60+ acres of glades

YOUR RESPONSIBILITY CODE

The provisions of N.H. Rev. Stat. Ann. Title XXX, Section 225 et. seq., govern the responsibilities of all skiers. Attitash Mountain Resort's snow conditions are guaranteed. If you're not completely satisfied with the trail conditions, simply return your lift ticket to Guest Services for a full refund. All lift tickets are valid for the entire season. Lift tickets are not valid for a specific lift ticket that season at Attitash. Not valid early/late season or with special, discount promotions.

SNOW GUARANTEE

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SKI BOUNDARY & TREE SKIING POLICY

Attitash Mountain Resort's ski area boundary is clearly marked. Skiing outside the boundary is not permitted or guaranteed. Skiing outside the boundary is not permitted or guaranteed. Skiing outside the boundary is not permitted or guaranteed.

11 Lifts

- 2 detachable chairs
- 1 fixed grip quad
- 3 T-bars
- 3 Summit Triple, Learning Center, (Kitchina)
- 2 Double-Double
- 2 (Snowbelt, Snowtote)

68 Trails

- 27% Easier
- 29% More Difficult
- 29% Most Difficult

Terrain Park Areas

- 100 Acres
- Lower Kachina
- Bear Peak Base
- 90% Coverage

Tree Skiing

- 60+ acres of glades

The U.S. Trail marking symbols are used to indicate the degree of difficulty. Because trail layout, length, weather, etc., varies between different ski areas, the symbols used are relative to each mountain only. Please refer to the trail map for more information on trail conditions and difficulty. When in doubt, call.

PARK SMART

- Start Small
- Make a Plan
- Always Look
- Respect
- Take It Easy



DINING

Teams are on their own for dinner on Thursday and Friday night. <http://www.mtwashingtonvalley.org/> is the web site for our local Chamber of Commerce.

The **Valley Originals** are a group of locally owned and operated restaurants, of all types, located in the valley. Visit their website at, www.thevalleyoriginals.com, to find a complete list of these restaurants and information about each one.

Some additional food options that are very close to the event are; **Matty B's** is a pizza place located at Attitash Mt. Village, across from the Attitash base area. **Bart's Deli and Store** is located just west of Bear Peak. **Patches Deli and Store** is about 2 miles east of Attitash. The closest supermarket is Grant's Shop' N Save in Glen east of Attitash on Route 302.

LODGING

In the past many teams have stayed at the Grand Summit at Attitash, which is ski in- ski out to the event, or Attitash Mountain Village which is across the street from Attitash.

The closest lodging to the event is **The Grand Summit at Attitash** which is slope side at Bear Peak where the races will be held. **603-374-1900**, or go to www.Attitash.com, and click on lodging options.

The hotel currently has availability for the EHSC in March and has discounted rates for Ski Groups/ Schools. The hotel would provide easy access to racers. Group contact listed below.

Guest Services Director Grand Summit at Attitash

603-374-2174 or 888-554-1900 Ext 2174

The **Attitash Mountain Village Condominiums** are located about ½ mile away, across the road from the Attitash main base area.

The **Attitash Marketplace Motel** is ½ mile east of Attitash on route 302 is another option, and has pet friendly rooms.

Both these options can be contacted at **1-800-862-1600**, **603-374-6500**, or www.attitashmtvillage.com

There are many places to stay in the Mount Washington Valley Area
The MWV Chamber of Commerce can be contacted at **603-356-5701**,
www.mtwashingtonvalley.org, or **1-800-367-3364**

There are also many places in the valley listed on the AirBnB and VRBO websites.

North Conway Village is about 10 miles from Attitash on Route 302.



2019 USSA EASTERN HIGH SCHOOL
ALPINE CHAMPIONSHIPS



EVENT SCHEDULE

THURSDAY, MARCH 7TH	TRAINING DAY
LIFTS OPEN FOR GATE TRAINING.	9:00 AM
REGISTRATION (Bear Peak Base Lodge)	8:00 AM - 4:00 PM
CAPTAINS MEETING (Grand Summit Hotel-Course setter(s) and referees will be selected for the SL & GS.)	4:00 PM
FRIDAY, MARCH 8TH	SLALOM
COURSE SETTERS LOAD LIFT	7:00 AM
RACE REGISTRATION	7:30 AM
COURSE OPEN FOR INSPECTION	8:30 AM
GIRLS 1 ST RUN BEGINS	9:30 AM
BOYS 1 ST RUN BEGINS	Completion of Girls 1 st run
GIRLS 2 ND RUN SET	Completion of Girls 1 st run
BOYS 2 ND RUN SET	Completion of Boys 1 st run
GIRLS 2 ND RUN BEGINS	12:30 PM
BOYS 2 ND RUN BEGINS	Completion of Girls 2 nd run
SATURDAY and SUNDAY, MARCH 9TH & 10TH	GIANT SLALOM
COURSE SETTERS LOAD LIFT (quad)	7:15 AM
RACE REGISTRATION (Bear Peak Base Lodge)	7:30 AM
LIFTS & COURSE OPEN FOR INSPECTION	8:30 AM
1 ST RUN BEGINS	9:30 AM
2 ND RUN SET	Completion of 1 st run
2 ND RUN BEGINS	12:30 PM
BANQUET - Saturday Dinner & Awards at the Grand Summit Hotel	6:30 PM
AWARDS - Sunday (Bear Peak Base Lodge after netting work)	3:00 PM



2019 USSA EASTERN HIGH SCHOOL
ALPINE CHAMPIONSHIPS

DINNER & AWARDS BANQUET

The Dinner & Awards Banquet will take place on Saturday, March 9th at 6:30 PM at the Grand Summit at Attitash, in Bartlett, NH.

Directions:

The Grand Summit at Attitash is located adjacent to the Bear Peak base area.

Take Rte 16 North; at the intersection of Rte 16 & Rte 302, go straight on Rte 302 toward Bartlett.

You will pass Attitash base area on the left, the entrance to Bear Peak and the Grand Summit is about 1/2 mile past Attitash, also on the left. Turn into the entrance; follow the signs to the Grand Summit Hotel.

Athletes will check in by bib number.

Additional tickets \$25 please purchase on Thursday or Friday, if possible, please let us know in advance.

Bib Raffle after dinner, must be present to win.



2019 USSA EASTERN HIGH SCHOOL ALPINE CHAMPIONSHIPS

EVENT ENTRY LIST

Both Slalom and Giant Slalom (Same Bib Number for the entire event)

(DEADLINE Sunday, March 3rd)

STATE _____

Return entry to Kathy Badger-badger5@roadrunner.com, 38 East Shore Drive
Silver Lake, NH 03875

Running Order GIRLS	NAME	USSA #
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		



2019 USSA EASTERN HIGH SCHOOL ALPINE CHAMPIONSHIPS

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(DEADLINE Sunday, March 3rd)

STATE _____

Return entry to Kathy Badger-badger5@roadrunner.com, 38 East Shore Drive
Silver Lake, NH 03875

Running Order Boys	NAME	USSA #
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

2019 USSA EASTERN HIGH SCHOOL
ALPINE CHAMPIONSHIPS



COACHES EVENT ENTRY LIST

State _____

Each State Team May Have Up To 4 Coaches and Must Have a Valid
USSA License

Form Must be Submitted In-Advance to

martha@mwvskiteam.com

	Name	USSA#
1		
2		
3		
4		